



# Murrieta Maritime

Discovery Isle  
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## APRIL 2016

### What's Happening Under the Sea?

#### DATES TO

#### REMEMBER IN

#### APRIL:

#### -APR. 6:

SPIRIT DAY

WEAR YOUR DI SHIRT

#### -APR. 11-15:

SCHOLASTIC  
BOOK FAIR

#### -APR. 14-15:

ST. JUDE  
TRIKE-A-THON

#### -APR. 15:

DEAR DAY

BRING YOUR FAVORITE  
BOOK TO SCHOOL

#### -APR. 19:

SPIRIT DAY

WEAR YOUR DI SHIRT

#### -APR. 22:

EARTH DAY  
CELEBRATION,

WEAR BLUE & GREEN

#### -APR. 28:

SPIRIT DAY:

WEAR YOUR DI SHIRT

Have you checked out our school website?

Now is a good chance!

Below you will find some things that you can find featured on our website.

- ~ Lunch Menus
- ~ Medication Forms
- ~ Vacation Request Form
- ~ School Calendar
- ~ Link to the Internet Viewing System
- ~ Breakfast/Snack Menus
- ~ Sunscreen Form
- ~ Parent Handbook
- ~ Center Newsletter

And much, much, more!

We are trying to get our families to use the website for one of their main sources for receiving information. This, in the future, will allow us to convert to paperless ways of communication.

Please let us know if there is anything that you would like to see featured on our website.

To access the Murrieta Location, simply type <http://murrieta.discoveryisle.com> in the browser.

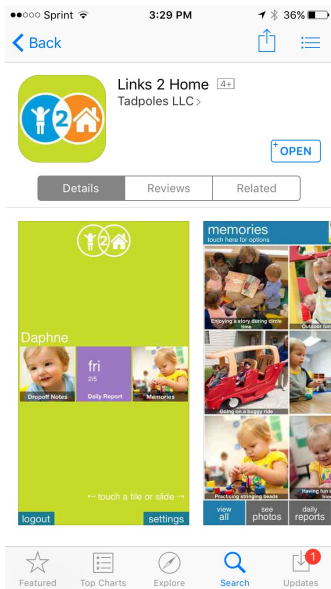
Please call if you need help or have any questions!

#### SCHOOL PORTRAITS ARE HERE-

BE SURE TO PICK UP YOUR PORTRAITS AND  
SUBMIT PAYMENT FOR THEM IN THE FRONT OFFICE  
BY FRIDAY, APR 8TH!



Thank you for all of your continued support!  
 Our Professional Growth Day was a great experience for all of our staff members. The teachers were given the opportunity to attend workshops that increased their already vast knowledge of early childhood education. We appreciate your understanding and support when it comes to the benefits of keeping our staff members on the cutting edge of the child development profession.



Links 2 Home App is Available!

Keep all of your child's school photos and reports stored conveniently on your cellphone. Any notices that go out will give you a little "ding" to your phone for instant up to date info on what is going on around the school.

SCHOLASTIC BOOK FAIR  
 WE ARE A HAVING  
 A BOOK FAIR ON  
 APRIL 11- APRIL 15.



THIS IS A PERFECT OPPORTUNITY TO PICK UP SOME GREAT SUMMER READING FOR YOUR CHILD AT A FABULOUS PRICE!  
 EVERY BOOK PURCHASED GIVES BOOKS BACK TO THE CENTER FOR OUR CLASSROOM LIBRARIES.



Earth Day 2016

In honor of Earth Day, we will be celebrating on Friday, April 22nd. During this week, each class will discuss the importance of protecting our planet. We will be giving back to our planet by planting flowers in our yard and releasing ladybugs into the environment. We pledge to continue doing our part even after Earth Day is over. On this day, please wear green & blue!



# The 6 A's of Good Parenting

## By: Family First Staff



Parenting is all about relating. The better our relationship with our children, the better our chances at effective parenting. Youth expert Josh McDowell believes there are six factors that play into good parenting. He calls them the 6 A's.

### Affirmation

When we affirm a child's feelings it gives them a sense of authenticity.

Have you ever heard the old saying, "Laugh with those who are happy and cry with those who are sad?" It means that when our child is sharing his feelings or opinions, they want us to listen and affirm them.

It would go something like this. Your son comes home and says, "Man! My math teacher made me so mad today, he said I wasn't trying." Well, your instinct might be to try to downplay the situation like this, "Oh son, he probably didn't mean anything by it. Let it go." Or you might say — before you even address his feelings — "Now son, were you trying? Maybe he had a point." Or, "You're a big boy now, you can't get so upset about things." Those are all attempts to control or fix the situation. Instead try, "Son, I am so sorry that happened. How do you feel about it now?" Even when we don't agree with our children, we can still affirm them as individuals.

### Acceptance

When you give unconditional acceptance you give a child a sense of security. This basically comes down to one principle that must be conveyed to our children: I don't love you because of what you do or achieve, I love you because you're my child.

Our love and affection should not be based on grades, behavior or achievements.

### Appreciation

When we express appreciation, it gives a child a sense of significance.

Appreciation is one of the most powerful motivations for right behavior. So, the more we "catch" our children doing things right, and we express our appreciation, the more motivated they will be to behave better.

### Availability

When we are available to our children it gives them a sense of importance.

We can say all we want about how important our children are to us. But if we're not giving them our time, our words will ring hollow.

Our children should come before our TV-watching, our hobbies and our desire to make money.

Children spell love — T-I-M-E.

### Affection

When we show our children affection it gives them a sense of lovability.

All children want to feel like they are lovable. Josh McDowell says not only that, but every child is going to prove they are lovable.

If they don't get love from you, they will get it somewhere else.

### Accountability

When we hold children accountable it gives them a sense of responsibility and self-control.

Children need the disciplines of responsibility and self-control to function successfully in life. As parents, we must create a context for rules and boundaries. Once those guidelines are set, we must be consistent in enforcing them.

*This article is based on the audio tape series: The Six A's of Relational Parenting, by Josh McDowell.*

# Spring has Sprung!

## Wooden Spoon Bouquet

While it may be a while before your real flower garden blooms into a rainbow of spring colors, you can round up a bouquet of these bright-hued wooden perennials to liven up a countertop or coffee table in no time.

## WHAT YOU NEED

- Long-handled wooden spoons
- Acrylic or tempera paint
- Paintbrush
- Mug
- Assorted flat wooden craft shapes (sold by the bagful at most craft stores)
- Wood glue
- Wooden beads (colored or plain)



STEP ONE: Have your kids paint the wooden spoon handles green and stand them stem-end up in a mug to dry.

STEP TWO: For petals, glue flat wooden craft shapes to the bowl of each spoon, as pictured (this step works best if you lay the spoons on a flat surface).

STEP THREE: Once the glue is completely dry (see manufacturer's directions), your kids can paint the flowers (both front and back) and stand them in a mug to dry.

## FRUIT SALAD! YUMMY! YUMMY!

- 6 bananas, sliced
- 6 apples, diced
- 1 bunch seedless grapes, halved
- 2 small cans mandarin oranges, drained
- 1 small can pineapple tidbits, drained
- 1 small maraschino cherries and juice (halved)
- 1/2 cup walnuts, chopped
- 1 pint sour cream

