

## September 2016 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1	2
Breakfast				Strawberry Yogurt (1/3C),	French Toast Sticks (2), Fruit
Dieakiast					(1/2C), Milk (3/4C)
Lunch				Chicken Nuggets, Tater Tots,	Mini Cheese Pizza, Chips, Fruit,
Editeri				String Cheese, and Juice	and Milk
PM Snack					Cheez-Its (1/3C), Fruit (1/2C),
1 W Shack				Pudding (1/3C), Juice (3/4C)	Juice (3/4C)
	5	6	7	8	9
Breakfast	CLOSED	Blueberry Muffins (2), Fruit	Waffle Sticks (2), Fruit (1/2C),	Quesadillas (2 slices), Fruit	Strawberry Yogurt (1/3C),
			Milk (3/4C)		Granola (1/4C), Juice (3/4C)
Lunch	For	Sliders with Cheese, Chips, Fruit,	Spaghetti & Meatballs, Fruit, and	Corn Dogs, Tater Tots, Fruit, and	Pasta with Butter & Parmesan
Lunch	FOI		Milk	Milk	Cheese, Veggies, Fruit, & Milk
PM Snack	Labor Day	Handi Snacks (1 pack), Fruit	Ritz Crackers (4), String Cheese	Chex Mix (1/3C), Fruit (1/2C),	Goldfish (1/3C), Fruit (1/2C), Juice
PIVI SHACK	Labor Day	(1/2C), Juice (3/4C)	(.5oz), Juice (3/4C)	Juice (3/4C)	(3/4C)
	12	13	14	15	16
Dunglefort	Granola (1/3C), Fruit (1/2C), Milk	French Toast Sticks (2), Fruit	Blueberry Muffins (2), Fruit	Waffle Sticks (2), Fruit (1/2C),	Cereal (1/3C), Fruit (1/2C), Milk
Breakfast	(3/4C)	(1/2C), Milk (3/4C)	(1/2C), Milk (3/4C)	Milk (3/4C)	(3/4C)
Lunch	Grilled Cheese, Chips, Fruit, and	Kraft Mac N Cheese, Veggies,	Chicken Nuggets, Tater Tots,	Mini Cheese Pizza, Tater Tots,	Sliders with Cheese, Chips, Fruit,
	Milk	Fruit, and Milk	String Cheese, and Juice	Fruit, and Milk	and Milk
PM Snack	Nilla Wafers (4), Strawberry	Goldfish (1/3C), Fruit (1/2C), Juice	Handi Snacks (1 pack), Fruit	Ritz Crackers (4), American	Chex Mix (1/3C), Fruit (1/2C),
PIVI SHACK	Yogurt (1/3C), Juice (3/4C)	(3/4C)	(1/2C), Juice (3/4C)	Cheese Slice(1), Juice (3/4C)	Juice (3/4C)
	19	20	21	22	23
Dunglefort	Cereal (1/3C), Fruit (1/2C), Milk	Quesadillas (2 slices), Fruit	Strawberry Yogurt (1/3C),	French Toast Sticks (2), Fruit	Blueberry Muffins (2), Fruit
Breakfast	(3/4C)	(1/2C), Juice (3/4C)	Granola (1/4C), Juice (3/4C)	(1/2C), Milk (3/4C)	(1/2C), Milk (3/4C)
Lunch	Spaghetti & Meatballs, Fruit, and	Corn Dogs, Tater Tots, Fruit, and	Pasta with Butter & Parmesan	Grilled Cheese, Chips, Fruit, and	Kraft Mac N Cheese, Veggies,
	Milk	Milk	Cheese, Veggies, Fruit, & Milk	Milk	Fruit, and Milk
PM Snack	Goldfish (1/3C), Fruit (1/2C), Juice	Nilla Wafers (4), Chocolate	Cheez-Its (1/3C), Fruit (1/2C),	Handi Snacks (1 pack), Fruit	Ritz Crackers (4), String Cheese
	(3/4C)	Pudding (1/3C), Juice (3/4C)	Juice (3/4C)	(1/2C), Juice (3/4C)	(.5oz), Juice (3/4C)
	26	27	28	29	30
Breakfast	Granola (1/3C), Fruit (1/2C), Milk	Chef's Choice, Fruit (1/2C), Milk	Quesadillas (2 slices), Fruit	Cereal (1/3C), Fruit (1/2C), Milk	French Toast Sticks (2), Fruit
	(3/4C)	(3/4C)	(1/2C), Juice (3/4C)	(3/4C)	(1/2C), Milk (3/4C)
Lunch	Chicken Nuggets, Tater Tots,	Mini Cheese Pizza, Chips, Fruit,	Sliders with Cheese, Chips, Fruit,	Spaghetti & Meatballs, Fruit, and	Corn Dogs, Tater Tots, Fruit, and
		and Milk	and Milk	Milk	Milk
PM Snack	Chex Mix (1/3C), Fruit (1/2C),	Goldfish (1/3C), Fruit (1/2C), Juice	Nilla Wafers (4), Chocolate	Cheez-Its (1/3C), Fruit (1/2C),	Handi Snacks (1 pack), Fruit
	Juice (3/4C)	(3/4C)	Pudding (1/3C), Juice (3/4C)	Juice (3/4C)	(1/2C), Juice (3/4C)