



Discovery Isle  
 23785 Washington Avenue  
 Murrieta, CA 92562  
 (951) 304-3033

# Discovery Isle Newsletter

September 2017

## Welcome to Discovery Isle

We are so excited that so many new families have joined us at Discovery Isle, Murrieta for the 2017-2018 school year. We have several activities planned in the upcoming months. Our center newsletter will inform you of everything that is going on around the center. We will also include informative articles, great recipes for you to do at home with your child, and a full page of center related topics.

Watch for your newsletter via email!

### Dates to Remember in September

August 28

Charleston Wrap Fundraiser Starts

September 4th:

CLOSED for Labor Day

September 7th, 13th, 19th:

School Spirit Days: Wear your school shirt  
 EVERY Friday is a school shirt spirit day!!!!

### Who's Who

On behalf of myself and my staff, we would like to welcome your family to *our* family. We are so excited to start another new school year!

I wanted to take this time to formally introduce you to our entire staff.

Executive Director                      Cheryl Bowman

Lead Infant Center Teacher              Ms. Cassidy  
 Infant Center Assistant Teacher        Ms. Heather  
 Infant Center Assistant Teacher        Ms. Yocelin

Rm 2 Lead Teacher                        Ms. Brittany  
 Rm 2 Assistant Teacher                  Ms. Bonnie

Rm 3 Lead Teacher                        Ms. Ashley  
 Rm 3 Assistant Teacher                  Ms. Jenn

Rm 4 Lead Teacher                        Ms. Leanna

Rm 5 Lead Teacher                        Ms. Cathy

Rm 6 Lead Teacher                        Ms. Debbie

Support Staff                                Ms. Natalia



### Facebook

If you have NOT "Liked" our Discovery Isle Facebook page yet- please do so!

We post something often to highlight an exciting activity that took place in one of our classrooms that week. You never know when your child could be featured!



### SPRIT DAYS

Our returning families from last school year should have received their Discovery Isle t-shirts in August, and a few of our friends have started wearing them on Fridays. We have extra spirit days planned this month, in addition to EVERY FRIDAY! If you do not have a school shirt yet, they will be available for purchase at the front office soon! More are coming!

## Permanent Impressions Child Safety Packets



A representative from  
Permanent Impressions  
will be at the school on Oct. 3  
to capture fingerprinting for children  
who have returned their order forms.

In the event of an emergency, having your child's  
fingerprints on file and readily available  
for law enforcement is crucial when time is of the essence.

More information will be available at the front desk soon!



## THE END OF SUMMER

Our calendar was so much fun this summer- I hope your child  
enjoyed all of the fun events we planned for them!

We will have another fun calendar for the month of December-  
it will be here before we know it!

Although our class schedule didn't change over the summer,  
I want to remind parents how important it is to have the children here by 8:45 a.m.  
Class starts at 9 a.m., and having the children settled in and ready to go makes a huge  
difference in their day. They are able to participate in all of our morning activities, and  
don't feel awkward walking into an activity already in progress.  
We do notice that children that are here for morning circle absorb important pieces of  
the academics that children who don't make it for circle are missing.

Get the most out of your tuition investment, and give your child the opportunity  
to learn as much as they can during their day with us!

**THANK YOU FOR YOUR HELP!**



You are all doing a great job with signing your  
children in and out each day! Thank you for  
making sure this is a top priority. If you aren't  
sure whether or not you are using the iPad  
correctly, just ask for help at the front desk.  
We would be happy to help you!

A great rule of thumb is to make sure your  
child is ALWAYS right there with you when  
you are using the iPad to sign him/her in or  
out. You don't want to sign them out before  
you have actually removed them from their  
classroom.

## Busy Bee

Extra-Curricular Program  
offers a Sports program for  
children ages 2-5. Ask your child if they  
would like to attend a trial class!

Sports and Tumble classes are led  
by Miss Melissa,  
our Busy Bee instructor.

Her class is **ADORABLE**, and the children really  
seem to enjoy themselves!



Classes are held here at the school on various  
days. See the front desk for more information  
on any of these great classes!

Miss Melissa is currently on maternity leave  
and her class will resume in October. Be on  
the lookout for sign ups coming soon!

## No More Tears: Making Child Care a Positive Experience

by Susan Ludwig

What can be more stressful than going back to work and finding good care for your child? How about having him look at you and cry when you drop him off the first day? Then, having him do the same thing the second day and the third. By this time, you're both tired, confused and frustrated. You may even question your decision to return to work and leave your beautiful, but unhappy, child in the hands of complete strangers.

It seems all children have to adjust in their own way to being away from home. There are some things you can do to make drop off time easier for you and your child.

1. **Trust yourself.** If you're satisfied the care you've chosen is safe, well-staffed, licensed, and a secure and pleasant place for your child to spend his day, then leave doubts and guilt behind.
2. **Talk to your child.** Explain things as well as you can to your child, telling him you expect him to have a fun day and that you will see him later. Then, drop him off, say good-bye, and go on your way.
3. **Maintain a happy smile.** Don't let him see you appearing concerned or unhappy. Acting upbeat will reinforce to him he is in a positive place.
4. **Keep goodbyes short and simple.** Most care providers caution if you stay around and play with your child, pick him up, or otherwise prolong your leaving, he will become confused by your mixed messages. The staff expects children to have some problems adjusting to their new surroundings, and can tolerate tears.
5. **Stay in touch.** Call after a few hours to see how he is doing. Most likely you'll find he settled down in his own time, and is now content. (Some care centers now have closed-circuit video cameras, so anxious parents can check on their children whenever they want, via the Internet.)
6. **Stick to the same routine every morning.** For instance, wake your child, eat breakfast, dress him for the day, then get into the car and leave. Try not to make stops or do errands on the way to child care. He will quickly become used to the type of day he should expect.

Susan Ludwig is the Assistant Editor of *Today's Parent*



## Half Day Program

*Please remember that  
our half day program is from  
8 a.m. - 12 p.m.*

Our staff is scheduled based on the number of children we are expecting each morning. If half day children arrive before 8 a.m., that may put our classrooms out of ratio and that becomes a safety concern. If you need to have your child here before 8 a.m., please let the front office know ahead of time.

There is a \$5.00 charge for every 1/2 hour outside of your scheduled time for arriving early. Keep in mind that pick up time is at 12 p.m. After 12:05 p.m., there is a late pick up fee of \$1 per minute.

## Late Pick-Up Policy at 6 p.m.

Please remember that our center CLOSES at 6 p.m. Please plan enough time at pick-up to gather your child and their belongs by 6 p.m. Thank you for your attention to this matter! Pick-ups after 6 p.m. will be charged a fee of \$1 per minute.



## Don't forget we serve lunch!

Did you forget lunch on the counter at home? Are you running low on lunch items in the fridge? You can purchase a school lunch daily for \$5.00 per day (or prepay for the month ahead of time to save money!)

Inquire at the front desk for more information. Our menu is available on our website at:

<http://murrieta.discoveryisle.com>

Discovery Isle  
23785 Washington Avenue  
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Visit our Website  
[www.discoveryisle.com](http://www.discoveryisle.com)

When I'm building in the block room,  
Please don't say I'm "Just playing."  
For, you see, I'm learning as I play,  
About balance, I may be an architect someday.

When I'm getting all dressed up,  
Setting the table, caring for the babies,  
Don't get the idea I'm "Just Playing."  
I may be a mother or a father someday.

When you see me up to my elbows in paint,  
Or standing at an easel, or molding and shaping clay,  
Please don't let me hear you say, "He is Just Playing."  
For, you see, I'm learning as I play.  
I just might be a teacher someday.

When you see me engrossed in a puzzle  
Or some "playing" at my school,  
Please don't feel the time is wasted in "play."  
For you see, I'm learning as I play.  
I'm learning to solve problems and concentrate.  
I may be in business someday.

Please don't think that because I enjoy it,  
it is "Just Play."  
I'm learning to follow directions  
and see the differences.  
I may be a cook someday.

When you see me learning to skip, hop, run,  
and move my body,  
Please don't say I'm "Just Playing."  
For, you see, I'm learning as I play.  
I'm learning how my body works.  
I may be a doctor, nurse, or athlete someday.

When you ask me what I've done at school today,  
And I say, "I just played."  
Please don't misunderstand me.  
For, you see, I'm learning as I play.  
I'm learning to enjoy and be successful in my  
work. I'm preparing for tomorrow.  
Today, I am a child and my work is play.

## Just Playing

Original Author Unknown

