

Discovery Isle  
23785 Washington Ave.  
Murrieta, CA 92562  
(951) 304-3033

# Murrieta Maritime

## December 2018

### What's Happening Under the Sea?

Can you believe it is December already? I am sure you are finding yourselves quite busy getting ready for the Holiday Festivities. We have many fun activities and dress up days planned for the children this month.

Every child will receive a fridge flyer with the dates and there will be a calendar posted in the front office. There will also be some extra special activities taking place this month for the whole family.

Take a peek inside for further details...

On behalf of the entire Discovery Isle staff, we would like to wish you and your family a safe and happy holiday season!

Ashley & Melissa

## Holiday Movie

Our "Holiday Movie" will be held on Saturday, December 8th, from 9:00 a.m. — 11:00 a.m. The whole family is invited to join us for a morning in our pajamas at Temeku Cinemas while enjoying a holiday movie. We hope you can make it!



We will be teaming up with Scholastic Pajama Drive and collecting new, unwrapped pajamas. Each pair donated, Scholastic will donate a book also. Our drop box will be located in the front office from December 1st to 14th.

Although we are not charging an admission for our Holiday Movie, we ask that you bring a new, unwrapped pair of PJs as your "admission" to our event.





# Holiday Calendars



We have an exciting month filled with fantastic activities! We will be writing letters to Santa, trimming our school tree, drinking “not so hot” hot chocolate and much, much more! Calendars will go home in your child’s mailbox, as well as via email!

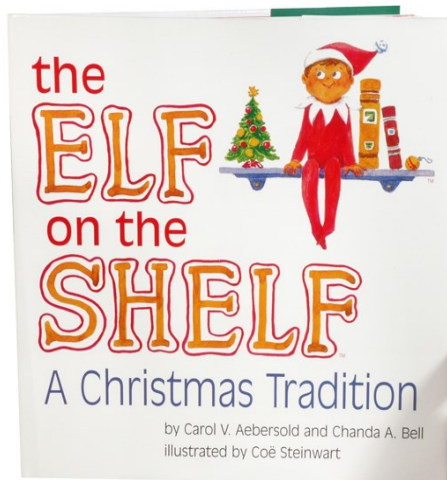
**Please remember that our events occur at various times of the morning. To ensure that your child is able to participate, we encourage that they arrive by 9 a.m.**

---

Holiday pictures will be available on  
Tuesday, Dec. 4th  
from 8:30 am to 10 am.  
Only portraits prepaid will be taken-  
Envelopes are available at the front desk!



Pizza lunch will be on  
Friday, December 14th & 28th  
It will include cheese pizza, fruit,  
cookie and juice for \$5.00  
\*Stop by the front desk to sign up!



We will have a special visitor with us this month. Our Elf will be visiting and reporting back to “The Big Guy” about all of the exciting things that are going on around Discovery Isle! For those of you that don’t know– the Elf on the Shelf tends to be quite mischievous! You never know what types of things he may do each night while we are away.

P.S. Don’t forget to check out what our elf is up to each day! You never know where he may pop up!



# 10 Low-Cost Activities To Do With The Kids

1) Go to the library - Most libraries have story times for children once a week. Take advantage of their free events like concerts, art and crafts classes and science shows. Most libraries also have computers available so the kids can try out different software. Call your local library for a list of events.

2) Walk, Walk, Walk - Load the babies in the stroller, put the little kids on the bikes, get the teenagers off the couch and go out and walk. Not only will you and your children be getting exercise but also it is a good way for the kids to relax and talk to you about what's going on in their lives. A great stress reliever.

3) Check out your Local Community Center - Community Centers offer a wide variety of classes from swimming to karate, from dance to calligraphy. Community Centers offer classes at an already low price but most have "scholarships" for families and students which will reduce or eliminate class fees.

4) Picnic in the Park - Pack a picnic lunch and head for a park with a playground. The smaller kids will keep busy on the swings and ladders while the older kids can bring a Frisbee or soccer ball to play with. Plop down a blanket for the kids, bring a lawn chair and book for yourself, and let the kids wear themselves out.

5) Community events - Zoos and children's museums usually have reduced and/or free days for children. Plays and symphonies often have free performances during dress rehearsals. Pick up a free parenting "throw away" paper usually found at libraries, community centers and schools. These papers are a good source of free events in your community.

6) Movie night - Rent a couple of movies or, better yet, most libraries will let you check out videos for free. Have everyone put on their pajamas, pop popcorn and bring out the blankets to cozy up with.

7) Game night - Turn off the TV, turn on the radio and bring out the games from the closet. Play a different game each week. Check out a card game book at the library and learn to play different card games.

8) Go to church - Find a church that fits your philosophy and beliefs. When you find a good match for your family look into the events that they have. Some of the larger churches have support groups, camps for the kids (often offering scholarships), picnics and other events. A nice tradition to start in your family.

9) Garden - From the littlest to the teenagers, everyone can help with the garden. Have the kids decide on their own flowers and vegetables to plant. Easy to grow plants include sunflowers and geraniums. If you don't have room for a garden, grow container plants on your deck or start an herb garden on your windowsill. Have the kids water and fertilize their plants regularly. Not only will this teach them responsibility but they'll take pride in watching their plant grow from seed to flower.

Discovery Isle  
23785 Washington Ave.  
Murrieta, CA 92562  
(951) 304-3033

Visit our Website  
[www.discoveryisl](http://www.discoveryisl.com)

## Napkin Ringlets

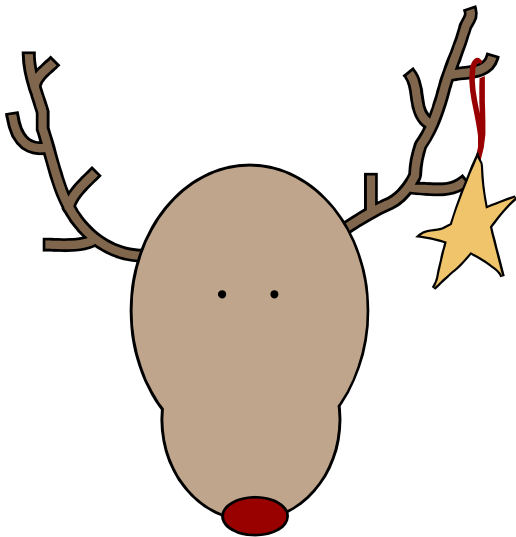
### What you need:

Pencil  
Colored Card Stock  
Scissors  
White Glue  
Glitter  
Green Paper Napkins  
Clear Tape



Using a large drinking glass, trace a circle on the card stock, then cut it out. Starting about 1/4 inch in, begin cutting a spiral. When you reach the center, leave a small circle. From another piece of card stock, cut out a star and decorate it with glued-on glitter. Glue the star onto the center of your spiral. Roll your napkin into a cone (the tree) and tape it to

## Magic Reindeer Food



### You will need:

1/2 cup Oatmeal  
Glitter  
Small plastic bag  
Heavy construction paper  
Markers

### How To Make It:

1. . Mix the oatmeal and glitter then put it into a small plastic bag.
2. Cut a 2" x 4 1/2 inch rectangle from the construction paper.
3. On the paper write this poem:

*On Christmas Eve, sprinkle the Magic Reindeer Food on your lawn.  
The Magic Glitter sparkling in the moonlight and the smell of the oats  
will guide the reindeer to your house!*

4. Attach the poem to the plastic bag.