



Discovery Isle Snack Menu

December 2022

			1 AM: Quesadilla, fruit, milk PM: Cheese its, fruit, milk	2 AM: Graham Crackers, fruit, milk PM: Ritz Crackers and sliced cheese, fruit, milk
5 AM: Pancakes, fruit, milk PM: Animal Crackers, fruit, milk	6 AM: Quesadillas, fruit, milk PM: Cheese-its, fruit, milk	7 AM: Cereal, fruit, milk PM: Graham Crackers, fruit, milk	8 AM: Cereal, fruit, milk PM: Ritz Crackers and sliced cheese, fruit, milk	9 AM: Yogurt, fruit, milk PM: Quesadillas, fruit, milk
12 AM: Cereal, fruit, milk PM: Cheese-its, fruit , milk	13 AM: Bagels with cream cheese, fruit, milk PM: Yogurt, fruit, milk	14 AM: Pancakes, fruit, milk PM: Cereal, fruit, milk	15 AM: Quesadillas, fruit, milk PM: Graham Crackers and cream cheese, fruit, milk	16 AM: French Toast, fruit, milk PM: Animal Crackers, fruit, milk
19 AM: Ritz crackers and sliced cheese, fruit, milk PM: Animal Crackers, fruit, milk	20 AM: Waffles, fruit, milk PM: Cereal, fruit, milk	21 AM: Bagels with cream cheese, fruit, milk PM: Graham Crackers, fruit, milk	22 AM: Quesadilla, fruit, milk PM: Cheese its, fruit, milk	23 SCHOOL CLOSED Winter Holiday!
26 SCHOOL CLOSED Winter Holiday!	27 AM: Quesadillas, fruit, milk PM: Graham Crackers, fruit, milk	28 AM: Cereal, fruit, milk PM: Cheese its, fruit , milk	29 AM: Pancakes, fruit, milk PM: Ritz Crackers, fruit, milk	30 SCHOOL CLOSED New Year's Holiday!

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.