



Discovery Isle Snack Menu

July 2023

3	AM: Quesadillas, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk	4	No School – 4th of July	5	AM: Waffles, fruit, milk PM: Cheez-its, fruit, milk	6	AM: Ritz crackers and slice cheese, fruit, milk PM: Goldfish, fruit, milk	7	AM: Pancakes, fruit, milk PM: Bagels with cream cheese, fruit, milk
10	AM: Cereal, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk	11	AM: Waffles, fruit, milk PM: Quesadilla, fruit, milk	12	AM: Graham Crackers, fruit, milk PM: Goldfish, fruit, milk	13	AM: Yogurt, fruit, milk PM: Animal Crackers, fruit, milk	14	AM: Graham Cracker, fruit, milk PM: Cereal, fruit, milk
17	AM: Bagels with cream cheese, fruit, milk PM: Animal Crackers, fruit, milk	18	AM: Waffles, fruit, milk PM: Goldfish, fruit, milk	19	AM: Cereal, fruit, milk PM: Yogurt, fruit, milk	20	AM: Pancake, fruit, milk PM: Cheez-its, fruit, milk	21	AM: Quesadillas, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk
24	AM: Yogurt, fruit, milk PM: Ritz Crackers with cheese, fruit, milk	25	AM: Graham Cracker, fruit, milk PM: Cream Cheese roll ups, fruit, milk PM: Cereal, fruit, milk	26	AM: Yogurt, fruit, milk PM: Ritz Crackers and sting cheese, fruit, milk	27	AM: Cereal, fruit, milk PM: Graham Cracker, fruit, milk	28	AM: Goldfish, fruit, milk PM: Quesadilla, fruit, milk
31	AM: Waffles, fruit, milk PM: Goldfish, fruit, milk								

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.



Discovery Isle **Toddler** Snack Menu

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