



Discovery Isle Snack Menu

October 2023

2 AM: Quesadillas - shredded cheese, fruit, milk PM: Pretzels goldfish, fruit, milk	3 AM: Ritz Crackers with sliced cheese, fruit, milk PM: Cheez-its, fruit, milk	4 AM: Yogurt, fruit and milk PM: Nilla Wafers, fruit, milk	5 AM: Cereal, fruit, milk PM: Goldfish, fruit and milk	6 AM: Pancakes, fruit, milk PM: Animal Crackers, fruit, milk
9 <p style="text-align: center;">School Closed for PDD!</p>	10 AM: Waffles, fruit, milk PM: Cereal, fruit, milk	11 AM: Cereal, fruit, milk PM: Pretzel Goldfish, fruit, milk	12 AM: Bagels with cream cheese, fruit, milk PM: Ritz crackers and string cheese, fruit, milk	13 AM: Quesadillas - cream cheese, fruit, milk PM: Nilla Wafers, fruit, milk
16 AM: Cereal, fruit, milk PM: Cheez-its, fruit, milk	17 AM: Waffles, fruit, milk PM: Animal crackers , fruit, milk	18 AM: Cream Cheese roll ups, fruit, milk PM: Nilla Wafers, fruit, milk	19 AM: Ritz Crackers and sliced cheese, fruit, milk PM: Pretzel Goldfish, fruit, milk	20 AM: Waffles, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk
23 AM: Ritz Crackers with sliced cheese, fruit, milk PM: Pretzel goldfish, fruit, milk	24 AM: Cereal, fruit, milk PM: Quesadillas - cream cheese, fruit, milk	25 AM: Quesadillas - shredded cheese, fruit, milk PM: Graham Crackers with cream cheese, fruit, milk	26 AM: Yogurt, fruit, milk PM: Cheese its, fruit, milk	27 AM: Animal crackers, fruit, milk PM: Pancakes, fruit, milk
30 AM: Waffles, fruit, milk PM: Nilla Wafers, fruit, milk	31 AM: Yogurt, fruit, milk PM: Cheese its, fruit, milk			

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.