



Discovery Isle Snack Menu

December 2023

				1 AM: Quesadillas, fruit, milk PM: Cereal, fruit and milk
4 AM: Pancakes, fruit, milk PM: Cereal, fruit, milk	5 AM: Bagels with cream cheese, fruit, milk PM: Graham Crackers, fruit and milk	6 AM: Waffles, fruit, milk PM: Goldfish, fruit, milk	7 AM: Cream Cheese roll ups, fruit, milk PM: Nilla Wafers, fruit, milk	8 AM: Cereal, fruit, milk PM: Yogurt, fruit, milk
11 AM: Graham Crackers and cream cheese, fruit, milk PM: Ritz Crackers and sliced cheese, fruit and milk	12 AM: Pancakes, fruit, milk PM: Animal Crackers, fruit, milk	13 AM: Cereal, fruit, milk PM: Yogurt, fruit and milk	14 AM: Waffles, fruit, milk PM: Goldfish, fruit, milk	15 AM: Bagels with cream cheese, fruit, milk PM: Graham Crackers and sliced cheese, fruit and milk
18 AM: Yogurt, fruit, milk PM: Cereal, fruit and milk	19 AM: Animal Crackers, fruit and milk PM: Cheez-Itz, fruit, milk	20 AM: Ritz Crackers and string cheese, fruit, milk PM: Pretzel Goldfish, fruit and milk	21 AM: Cereal, fruit, milk PM: Yogurt, fruit, milk	22 CLOSED FOR THE WINTER HOLIDAY!
25 CLOSED FOR THE WINTER HOLIDAY!	26 AM: Bagels with cream cheese, fruit, milk PM: Ritz Crackers and cheese, fruit and milk	27 AM: Graham Crackers, fruit, milk PM: Animal Crackers, fruit and milk	28 AM: Pancakes, fruit, milk PM: Yogurt, fruit, Milk	29 CLOSED FOR THE WINTER HOLIDAY!

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks

