


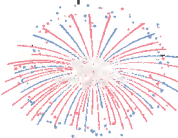





1057 DISCOVERY ISLE MENU

24-Jul

Monday	Tuesday	Wednesday	Thursday	Friday
1 BREAKFAST <i>Bagel w/jelly & cream cheese</i> SNACK <i>Saltines & Cheese</i>	2 BREAKFAST <i>Oatmeal & fruit</i> SNACK <i>Applesauce & Crackers</i>	3 BREAKFAST <i>Cream cheese/ jelly roll-up</i> SNACK <i>Trail mix & Raisins</i>	4  	5 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Animal crackers & Milk</i>
8 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Cheezits & Fruit</i> 	9 BREAKFAST <i>Cream cheese/ jelly roll-up</i> SNACK <i>Saltines & Cheese</i>	10 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Quesadillas & fruit</i>	11 BREAKFAST <i>Pancakes & Fruit</i> SNACK <i>Animal crackers & Milk</i>	12 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Trail mix & Water</i>
15 BREAKFAST <i>Oatmeal & fruit</i> SNACK <i>Quesadillas & fruit</i>	16 BREAKFAST <i>Biscuit w/ jelly</i> SNACK <i>Veggies & Ranch</i> 	17 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Applesauce & Crackers</i>	18 BREAKFAST <i>Cream cheese/ jelly roll-up</i> SNACK <i>Trail mix & Raisins</i>	19 BREAKFAST <i>Waffles & Fruit</i> SNACK <i>Cheezits & Fruit</i>
22 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Veggies & Ranch</i>	23 BREAKFAST <i>French Toast & Cream cheese</i> SNACK <i>Animal crackers & Raisins</i>	24 BREAKFAST <i>English muffins & fruit</i> SNACK <i>Graham crackers & cream cheese</i>	25 BREAKFAST <i>Cereal & Fruit</i> SNACK <i>Quesadillas & Fruit</i> 	26 BREAKFAST <i>Pancakes & Fruit</i> SNACK <i>Goldfish & Fruit</i>
29 BREAKFAST <i>Yogurt & Fruit</i> SNACK <i>Veggies & ranch</i>	30 BREAKFAST <i>Cereal & Milk</i> SNACK <i>Crackers & Fruit</i>	31 BREAKFAST <i>French Toast & Cream Cheese</i> SNACK <i>Quesadillas & fruit</i> 	PORTION SIZES 1-2 Years Old *Milk ½ c *FRUIT ¼ cup *CEREAL/OATMEAL ¾ cup	
			PORTION SIZES 3-5 Years Old *Milk 1/3 cup *Fruit 1/3 cup	