

July 2024 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	1 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	2 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	3 Blueberry Muffins (1/2), Organic yogurt (1/3C), Fruit (1/2C), Juice (4oz)	4	5 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	No School	Food From Home
PM Snack	Animal Crackers (8), Fruit (1/2C), Milk (6oz)	Grahams w/cream cheese(1), Juice(3/4C)	Rocket Pops, Crackers (5), Water		Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)
Breakfast	8 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	9 Blueberry Muffins (1/2), Organic yogurt (1/3C), Fruit (1/2C), Juice (4oz)	10 French Toast Sticks (1), Fruit (1/2C), Juice (4oz)	11 Pancakes (1), Fruit (1/2C), Milk (6oz)	12 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	GoldFish Crackers (14pcs), Fruit and water (3/4C)	Apple Slices, Yogurt(1/3 c) and water(3/4)	Wheat Thins W/Sunbutter (6pcs), water (3/4C)	Yogurt (1/3C)W/Nilla Wafers, water (3/4C)	Grahams w/cream cheese(1), Juice(3/4C)
Breakfast	15 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	16 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	17 Waffles (2), Fruit (1/2C), Milk (6oz)	18 French Toast Sticks (1), Fruit (1/2C), Juice (4oz)	19 ***Chef's choice, Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Grahams w/cream cheese(1), Juice(3/4C)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Animal Crackers (8), Fruit (1/2C), Milk (6oz)	GoldFish Crackers (14pcs), Fruit and water (3/4C)	Apple Slices, Yogurt(1/3 c) and water(3/4)
Breakfast	22 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	23 Bagels & cream cheese (1)Fruit (1/2C), Milk (6oz)	24 French Toast Sticks (1), Fruit (1/2C), Juice (4oz)	25 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	26 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
Lunch	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
PM Snack	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Goldfish (14pcs), Fruit (1/2C), Juice (3/4C)	Animal Crackers (8), Fruit (1/2C), Milk (6oz)	Grahams w/cream cheese(1), Juice(3/4C)
Breakfast	29 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	30 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	31 Waffles (2), Fruit (1/2C), Milk (6oz)		
Lunch	Food From Home	Food From Home	Food From Home		
PM Snack	GoldFish Crackers, Fruit (1/2) and water (3/4C)	Wheat Thins W/Sunbutter (6pcs), water (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)		