

Monday	Tuesday	Wednesday	Thursday	Friday
<b>PORTION SIZES</b> 1-2 Years Old *Milk ½ c *FRUIT ¼ cup *CEREAL/OATMEAL ¾ cup	<b>PORTION SIZES</b> 3-5 Years Old *Milk 1/3 cup *Fruit 1/3 cup			<b>1</b> BREAKFAST <i>Muffins &amp; Milk</i> SNACK <i>Veggies &amp; Crackers</i>
<b>4</b> BREAKFAST <i>Oatmeal &amp; Fruit</i> SNACK <i>Bean &amp; Cheese Burritos</i>	<b>5</b> BREAKFAST <i>Cereal &amp; Milk</i> SNACK <i>Trail Mix &amp; H2O</i>	<b>6</b> BREAKFAST <i>English Muffin &amp; Jelly</i> SNACK <i>Quesadillas &amp; Fruit</i>	<b>7</b> BREAKFAST <i>Cereal &amp; Milk</i> SNACK <i>Applesauce &amp; Crackers</i>	<b>8</b> BREAKFAST <i>Waffles &amp; Milk</i> SNACK <i>Cheese &amp; Crackers</i>
<b>11</b> 	<b>12</b> BREAKFAST <i>Muffins &amp; Fruit</i> SNACK <i>Cheese Pinwheels</i>	<b>13</b> BREAKFAST <i>Cereal &amp; Milk</i> SNACK <i>Yogurt &amp; Fruit</i>	<b>14</b> BREAKFAST <i>Oatmeal &amp; Fruit</i> SNACK <i>Bean &amp; Cheese Burritos</i>	<b>15</b> BREAKFAST <i>French Toast &amp; Milk</i> SNACK <i>Crackers &amp; Fruit</i>
<b>18</b> BREAKFAST <i>Cereal &amp; Milk</i> SNACK <i>Veggies &amp; Crackers</i>	<b>19</b> BREAKFAST <i>Bagels w/ Cream Chesse</i> SNACK <i>Trail Mix &amp; H2O</i>	<b>20</b> BREAKFAST <i>Oatmeal &amp; Fruit</i> SNACK <i>Quesadillas &amp; Veggies</i>	<b>21</b> BREAKFAST <i>Cereal &amp; Milk</i> SNACK <i>Fruit &amp; Crackers</i>	<b>22</b> BREAKFAST <i>Pancakes &amp; Fruit</i> SNACK <i>Yogurt &amp; Crackers</i>
<b>25</b> BREAKFAST <i>Yogurt &amp; Fruit</i> SNACK <i>Cheese Pinwheels</i>	<b>26</b> BREAKFAST <i>English Muffins w/ Jelly</i> SNACK <i>Fruit &amp; Crackers</i>	<b>27</b> BREAKFAST <i>Cereal &amp; Milk</i> SNACK <i>Bean &amp; Cheese Burritos</i>	<b>28</b> 	<b>29</b> 