

# October 2024 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>		1 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	2 Waffles(1), Fruit (1/2C), Milk (6oz)	3 Bagel w/cream cheese (1), Fruit (1/2C). Juice (4oz)	4 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
<b>Lunch</b>		Food From Home	Food From Home	Food From Home	Food From Home
<b>PM Snack</b>		Animal Crackers (8), Fruit, and Water(3/4C)	Yogurt (1/2C) Apple slices and Water	Grahams w/ cream cheese(1), Juice(3/4C)	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)
<b>Breakfast</b>	7 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	8 Pancakes(1), Fruit (1/2C), Milk (6oz)	9 Bagel w/cream cheese (1), Fruit (1/2C), Juice (4oz)	10 French Toast, Fruit (1/2C), Milk (6oz)	11 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
<b>Lunch</b>	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
<b>PM Snack</b>	Grahams w/cream cheese(1), Juice(3/4C)	Yogurt (1/2C) Apple slices and Water	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Nilla Wafers (6),Yogurt (1/2C) , and Water(3/4C)	Goldfish(14pcs), Fruit (1/2C), Juice (3/4C)
<b>Breakfast</b>	14	15 Waffles(1), Fruit (1/2C), Milk (6oz)	16 French Toast, Fruit (1/2C), Milk (6oz)	17 Pancakes(1), Fruit (1/2C), Milk (6oz)	18 Chef's Choice, Fruit (1/2C), Milk (6oz)
<b>Lunch</b>	SCHOOL CLOSED	Food From Home	Food From Home	Food From Home	Food From Home
<b>PM Snack</b>		Ritz Crackers (4), Sun Butter (1tsp), Juice (3/4C)	Goldfish(14pcs), Fruit (1/2C), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Animal Crackers (8), Fruit, and Water(3/4C)
<b>Breakfast</b>	21 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	22 Bagel w/cream cheese (1), Fruit (1/2C), Juice (4oz)	23 French Toast, Fruit (1/2C), Milk (6oz)	24 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	25 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)
<b>Lunch</b>	Food From Home	Food From Home	Food From Home	Food From Home	Food From Home
<b>PM Snack</b>	Ritz Crackers (4), American Cheese (1 slice), Juice (3/4C)	Animal Crackers (8), Fruit, and Water(3/4C)	Grahams w/ cream cheese(1), Juice(3/4C)	Ritz Crackers (4), Sun Butter (1tsp), Juice (3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)
<b>Breakfast</b>	28 ***Cereal (1/3C), Fruit (1/2C), Milk (6oz)	29 Quesadillas (1/2), Fruit (1/2C), Juice (4oz)	30 Pancakes(1), Fruit (1/2C), Milk (6oz)	31 Waffles(1), Fruit (1/2C), Milk (6oz)	
<b>Lunch</b>	Food From Home	Food From Home	Food From Home	Food From Home	
<b>PM Snack</b>	Goldfish(14pcs), Fruit (1/2C), Juice (3/4C)	Nilla Wafers (6),Yogurt (1/2C) , and Water(3/4C)	Cheez-Its (14pcs), Fruit (1/2C), Juice (3/4C)	Wheat Thins w/cream cheese(6), Juice(3/4C)	

\*\*\*Cereals we serve include: Kix, Crispix, Golden Grahams, and Rice Krispies.\*\*\*

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