



# December

# Menu 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Break-fast	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Oatmeal (1/2c) Fruit (1/2 C)	French Toast (1/2) Fruit (1/2 C) Milk (4 oz)	Muffins (1) Yogurt (1/4 C)	Bagels (1) Cream Cheese (1 Tbsp)
PM Snack	Animal Crackers (12) Fruit (1/2 C)	Nilla Wafers (5) Sunbutter (1 Tbsp)	Veggies (1/2 C) Ranch (1 Tbsp) Crackers (4)	Cheese (1 slice) Crackers (4)	Gingerbread Cookie (1 pcs) Milk (4oz)
	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Break- fast	Waffles (1/2) Fruit ( 1/2 C)	Biscuits (1) Jelly (1 Tbsp) Milk (4 oz)	Pancakes (1/2) Fruit (1/2 C) Milk (4 oz)	Quesadillas (1/2) Fruit (1/2 C) Milk (4 oz)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)
PM Snack	Pudding (1/4 C) Nilla Wafers (5)	Wheat Thins (5) Cream Cheese (1 Tbsp)	Cheez-its (14 pcs) Fruit (1/2C)	Conchitas - Hispanic bread (1) Fruit (1/2 C)	Graham Crackers (1) Hot Cocoa (4 oz)
	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Break-fast	Quesadillas (1/2) Fruit (1/2 C) Milk (4 oz)	Muffins (1) Yogurt (1/4 C)	Muffins (1) Yogurt (1/4 C)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Chef's Choice
PM Snack	Apples (1/2 C) String Cheese (1)	Graham Crackers (1) Sunbutter (1 Tbsp)	Trail Mix (1/2 c) Fruit ( 1/2 c)	Wheat Thins (5) Cream Cheese (1 Tbsp)	Goldfish (14) Fruit (1/2 C)
	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Break-fast	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)			Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Bagels (1) Cream Cheese (1 Tbsp)
PM Snack	Cheese (1 slice) Ritz-Crackers (4)			Animal Crackers (12) Fruit (1/2 C)	Chef's Choice
	<b>30</b>	<b>31</b>			
Break-fast	French Toast (1/2) Fruit (1/2 C) Milk (4 oz)				*Milk served: 12-24 months whole milk 2yrs-5 yrs 1% milk
PM Snack	Nilla Wafers (5) Sunbutter (1 Tbsp)				*Cereal served: Cheerios, Kix, Chex, Rice Krispies