



Discovery Isle **Preschool** Snack Menu

January 2025

		1 No School - Closed for New Year Day!	2 AM: Cereal, fruit and milk PM: Goldfish, fruit and milk	3 AM: Ritz Crackers and sliced cheese, fruit and milk PM: Cheese Its, fruit and milk
6 AM: Yogurt, fruit and milk PM: Vanilla Wafers, fruit and milk	7 AM: Cream cheese roll ups, fruit and milk PM: Goldfish, fruit and milk	8 AM: Waffles, fruit and milk PM: Graham Crackers and yogurt, fruit, milk	9 AM: Cereal, fruit and milk PM: Ritz crackers, string cheese, fruit and milk	10 AM: French toast sticks, fruit and milk PM: Bagels with sliced cheese, fruit and milk
13 AM: Quesadillas, fruit and milk PM: Cereal, fruit and milk	14 AM: Graham Crackers and cream cheese, fruit and milk PM: Cheese Its, fruit and milk	15 AM: Yogurt, fruit and milk PM: Vanilla Wafers, fruit and milk	16 AM: Pancakes, fruit and milk PM: Goldfish, fruit and milk	17 AM: Ritz crackers and string cheese, fruit and milk PM: Teddy grams, fruit and milk
20 No School - Closed for MLK Day!	21 PM: Vanilla Wafers, fruit and milk PM: Graham Crackers, fruit and milk	22 AM: Quesadillas, fruit and milk PM: Teddy grams, fruit and milk	23 AM: Pancakes, fruit and milk PM: Bagels with sliced cheese, fruit and milk	24 AM: Cereal, fruit and milk PM: Ritz Crackers and cream cheese, fruit and milk
27 AM: Waffles, fruit and milk PM: Goldfish, fruit and milk	28 AM: Cream cheese roll ups, Fruit, milk PM: Yogurt, fruit and milk	29 AM: French toast sticks, fruit and milk PM: Cheese Its, fruit and milk	30 AM: Cereal, fruit and milk PM: Goldfish, fruit and milk	31 AM: Pancakes, fruit and milk PM: Quesadillas, fruit and milk

*Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for these items and will be given milk or water as a choice of beverage. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks.