



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Break-fast	*Milk served: 2-24 months whole m 2yrs-5 yrs 1% milk	ilk			
PM Snack	*Cereal served: Cheerios, Kix, Chex, Rice Krispies				
	3	4	5	6	7
Break-fast	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Muffins (1) Fruit(1/4 C) Milk(4oz.)	French Toast (1/2) Fruit (1/2 C) Milk (4 oz)	Bagels (1) Cream Cheese (1 Tbsp)	Oatmeal (1/2) Fruit (1/2 C)
PM Snack	Chef's Choice	Animal Crackers (12) Fruit (1/2 C)	Bananas (1/2 C) Sunbutter (1 Tbsp)	Nilla Wafers (5) Frozen Go- Gurt (1/2)	Veggies (1/2 C) Ranch (1 Tbsp) Crackers (4)
	10	11	12	13	14
Break-fast	Quesadillas (1/2) Fruit (1/2 C) Milk (4 oz)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Biscuits (1) Jelly (1 Tbsp) Milk (4 oz)	Waffles (1/2) Fruit (1/2 C) Milk (4 OZ.)	School Closed PDD
PM Snack	Cheez-its (14 pcs) Fruit (1/2C)	Graham Crackers (1) Sunbutter (1 Tbsp)	Veggies (1/2 C) Ranch (1 Tbsp) Crackers (4)	Cheese (1 Slice) Crackers (4)	
	17	18	19	20	21
Break-fast	School Closed	Oatmeal (1/2c) Fruit (1/2 C)	Muffins (1) Yogurt (1/4 C)	Pancakes (1/2) Fruit (1/2 C) Milk (4 oz)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)
PM Snack	Presidents day	Apples (1/2 C) Sunbutter (1 Tbsp)	Wheat Thins (5) Cream Cheese (1 Tbsp)	Nilla Wafers (5) Applesauce(1/2c)	Cheez-its (14 pcs) Fruit (1/2C)
	24	25	26	27	28
Break-fast	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Biscuits (1) Jelly (1 Tbsp) Milk (4 oz)	Quesadillas (1/2) Fruit (1/2 C) Milk (4 oz)	French Toast (1/2) Fruit (1/2 C) Milk (4 oz)	Chef's Choice
PM Snack	Chef's Choice	Graham Crackers (1) Hot Cocoa (4 oz)	Goldfish (14) Fruit (1/2 C)	String Cheese (1) Ritz-Crackers (4)	Animal Crackers (12) Fruit (1/2 C)