



1057 DISCOVERY ISLE MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|------------------------------|---------------------------------|----------------------------|----------------------------|
| | 1 | 2 | 3 | 4 |
| | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| | Bagels w/ Milk & Fruit | Oatmeal & Dried Fruit | Cereal & Milk | Yogurt & Muffins |
| | SNACK | SNACK | SNACK | SNACK |
| | Cottage Cheese & Crackers | Bean & Cheese Burritos | Sun Butter & Jelly Roll Up | Cottage Cheese & Fuit |
| 7 | 8 | 9 | 10 | 11 |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Cereal & Milk | French Toast w/ Milk | Oatmeal w/ Dried Fruit | Cereal & Milk | Bagels & Fruit |
| SNACK | SNACK | SNACK | SNACK | SNACK |
| Cottage Cheese & Fruit | Quesadillas & Veggies | Cream Cheese/Jelly Roll Up | Trail Mix & Fruit | Crackers & Veggies |
| 14 | 15 | 16 | 17 | 18 |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Cereal & Milk | Biscuits & Jelly | English Muffins w/ Cream Cheese | Oatmeal & Dried Fruit | Cereal & Milk |
| SNACK | SNACK | SNACK | SNACK | SNACK |
| Trailmix & Veggies | Crackers & Cottage Cheese | Crackers & Fruit | Veggies & Ranch | Cream Cheese/Jelly Roll Up |
| 21 | 22 | 23 | 24 | 25 |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Oatmeal w/ Dried Fuit | Waffles & Milk | English Muffins w/Jelly | Cereal & Milk | Bagels & Fruit |
| SNACK | SNACK | SNACK | SNACK | SNACK |
| Bean & Cheese Burritos | Pretzel Bites & Fruit | Quesadillas & Fruit | Yogurt & Graham Crackers | Sun Butter/Jelly Roll Up |
| 28 | 29 | 30 | PORTION SIZES | PORTION SIZES |
| BREAKFAST | BREAKFAST | BREAKFAST | 1-2 Years Old | 3-5 Years Old |
| Maple Oatmeal & Fruit | French Toast w/ Milk & Fruit | Cereal & Milk | *Milk ½ c / Juice 1/4c | *Milk 1/3 cup |
| SNACK | SNACK | SNACK | *FRUIT ¼ cup | *Fruit 1/3 cup |
| Crackers & Fruit | Yogurt & Crackers | Trailmix & Veggies | *CEREAL/OATMEAL ¾ cup | *Juice ½ cup |

