





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
Break-fast	Chef's Choice	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Muffins (1) Yogurt (1/4 C)	Oatmeal (1/2c) Fruit (1/2 C)	French Toast (1/2) Fruit (1/2 C) Milk (4 oz)
PM Snack	Animal Crackers (12) Fruit (1/2 C)	Goldfish (14) Fruit (1/2 C)	Graham Crackers (1) Cream Cheese (1 Tbsp)	Bananas (1/2 C) Sunbutter (1 Tbsp)	Cheese (1 Slice) Crackers (4)
	10	11	12	13	14
Break- fast	Bagels (1) Cream Cheese (1 Tbsp)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Pancakes (1/2) Fruit (1/2 C) Milk (4 oz)	Quesadillas (1/2) Fruit (1/2 C) Milk (4 oz)	Biscuits (1) Jelly (1 Tbsp) Milk (4 oz)
PM Snack	Cheez-its (14 pcs) Fruit (1/2C)	English muffin Pizza (1) Fruit (1/2c)	Apples (1/2 C) Sunbutter (1 Tbsp)	"Yogurt Parfait" Vanilla Waffers (1) Yogurt (1/4 C) and Fruit (1/4c)	Moon Pie (1/2C) Fruit (1/2 c)
	17	18	19	20	21
Break-fast	Lucky Charm Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Waffles (1/2) Fruit (1/2 C) Milk (4 OZ.)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	French Toast (1/2) Fruit (1/2 C)	Muffins (1) Yogurt (1/4 C)
PM Snack	Green Veggies (1/2 C) Ranch (1 Tbsp) Crackers (4)	Apples (1/2 C) Cheese (1 Slice)	Pancakes (1) Fruit (1 Tbsp)	Hello Spring Jello (1/2 C) Fruit(1/2c)	Animal Crackers (12) Fruit (1/2 C)
	24	25	26	27	28
Break-fast	Quesadillas (1/2) Fruit (1/2 C) Milk (4 oz)	Cereal (1/2 C) Fruit (1/2 C) Milk (4 oz)	Waffles (1/2) Fruit (1/2 C)	Bagels (1) Cream Cheese (1 Tbsp)	Oatmeal (1/2c) Fruit (1/2 C)
PM Snack	Chef's Choice	Graham Crackers (1) Sunbutter (1 Tbsp)	Goldfish (14) Fruit (1/2 C)	String Cheese (1) Ritz-Crackers (4)	Veggie Chips (5) Cream Cheese (1 Tbsp)
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Break-fast	Biscuits (1) Jelly (1 Tbsp) Milk (4 oz)			*Milk served: 2-24 months whole milk 2yrs-5 yrs 1% milk	*Cereal served: Cheerios, Kix, Chex, Rice Krispies
PM Snack	Cheez-its (14 pcs) Fruit (1/2C)				