



Discovery Isle **Preschool** Snack Menu

March 2025

3 AM: Pancakes, fruit, milk PM: Ritz Crackers , fruit, milk	4 AM: Graham Crackers with cream cheese, fruit, milk PM: Cereal, fruit, milk	5 AM: Yogurt, fruit, milk PM: French toast, fruit, milk	6 AM: Cereal, fruit, milk PM: Ritz Crackers with string cheese, fruit, milk	7 AM: Waffles, fruit, milk PM: Cheez-its, fruit, milk
10 AM: Cereal, fruit, milk PM: Graham Crackers with string cheese, fruit, milk	11 AM: Waffles, fruit, milk PM: Yogurt, fruit, milk	12 AM: Ritz crackers and slice cheese, fruit, milk PM: Goldfish, fruit, milk	13 AM: Yogurt, fruit, milk PM: Ritz Crackers, fruit, milk	14 AM: Cream Cheese Roll up, fruit, milk PM: Cereal, fruit, milk
17 AM: Leprechaun Yogurt, fruit, milk PM: Nila Wafers, fruit, milk	18 AM: Pancakes, fruit, milk PM: Goldfish, fruit, milk	19 AM: Cereal, fruit, milk PM: String cheese, fruit, milk	20 AM: Waffles, fruit, milk PM: Ritz crackers and slice cheese, fruit, milk	21 AM: Quesadillas, fruit, milk PM: Graham Crackers, fruit, milk
24 AM: Cream Cheese Roll up, fruit, milk PM: Ritz Crackers with cheese, fruit, milk	25 AM: Pancake, fruit, milk PM: Cereal, fruit, milk	26 AM: Waffles, fruit, milk PM: Quesadilla, fruit, milk	27 AM: Cereal, fruit, milk PM: Graham Cracker and cream cheese, fruit, milk	28 AM: French toast, fruit, milk PM: Yogurt, fruit, milk
31 AM: Yogurt, fruit, milk PM: Goldfish, fruit, milk				

***Toddler and Infants will be given alternative choices such as applesauce, cheese or crackers for certain items.** All students will be given milk or water as a choice of beverage for every snack and meal. Fresh Fruit will be cut into small bite sized pieces and consists of bananas, apples, pears or oranges and offered at all snacks times.